**Frequently Asked Questions**

This section provides easy-to-understand answers to the questions we hear most often from patients and families. Just click on the question to view the answer. Don't see the answer to your question here? [Send your question to our patient educator now](http://beta.aamds.org/forms/ask-expert).

**Disease (8)**

[What is aplastic anemia?](http://beta.aamds.org/questions/what-aplastic-anemia)

[How many people are diagnosed with aplastic anemia each year?](http://beta.aamds.org/questions/how-many-people-are-diagnosed-aplastic-anemia-each-year)

[What is MDS?](http://beta.aamds.org/questions/what-mds)

[How many people are diagnosed with MDS each year?](http://beta.aamds.org/questions/how-many-people-are-diagnosed-mds-each-year)

[What is PNH?](http://beta.aamds.org/questions/what-pnh)

[How many people are diagnosed with PNH each year?](http://beta.aamds.org/questions/how-many-people-are-diagnosed-pnh-each-year)

[What is graft versus host disease?](http://beta.aamds.org/questions/what-graft-versus-host-disease)

[What is AML?](http://beta.aamds.org/questions/what-aml)

**Newly Diagnosed (10)**

[Who is the best doctor for my diagnosis?](http://beta.aamds.org/questions/who-best-doctor-my-diagnosis)

[What are the treatments for aplastic anemia?](http://beta.aamds.org/questions/what-are-treatments-aplastic-anemia)

[What are the treatments for MDS?](http://beta.aamds.org/questions/what-are-treatments-mds)

[What are the treatments for PNH?](http://beta.aamds.org/questions/what-are-treatments-pnh)

[How long do I have to live?](http://beta.aamds.org/questions/how-long-do-i-have-live)

[Is aplastic anemia, MDS or PNH inherited?](http://beta.aamds.org/questions/aplastic-anemia-mds-or-pnh-inherited)

[Should I get a second opinion?](http://beta.aamds.org/questions/should-i-get-second-opinion)

[What questions should I be asking my medical team?](http://beta.aamds.org/questions/what-questions-should-i-be-asking-my-medical-team)

[How will having a bone marrow failure disease affect my life?](http://beta.aamds.org/questions/how-will-having-bone-marrow-failure-disease-affect-my-life)

[Is there a special diet I should be on that would help me feel better?](http://beta.aamds.org/questions/there-special-diet-i-should-be-would-help-me-feel-better)

**Treatment (12)**

[What does "watch and wait" or "watchful waiting" mean?](http://beta.aamds.org/questions/what-does-watch-and-wait-or-watchful-waiting-mean)

[What is supportive therapies, also called supportive care?](http://beta.aamds.org/questions/what-supportive-therapies-also-called-supportive-care)

[What is active treatment or active drug therapy?](http://beta.aamds.org/questions/what-active-treatment-or-active-drug-therapy)

[What are the risks related to getting a bone marrow/stem cell transplant?](http://beta.aamds.org/questions/what-are-risks-related-getting-bone-marrowstem-cell-transplant)

[What are clinical trials and how can I learn more about them?](http://beta.aamds.org/questions/what-are-clinical-trials-and-how-can-i-learn-more-about-them)

[How can I find out the latest research in treating my disease?](http://beta.aamds.org/questions/how-can-i-find-out-latest-research-treating-my-disease)

[What does it mean when my doctor says I have had a partial response to a drug treatment?](http://beta.aamds.org/questions/what-does-it-mean-when-my-doctor-says-i-have-had-partial-response-drug-treatment)

[What is relapse?](http://beta.aamds.org/questions/what-relapse)

[What is a remission?](http://beta.aamds.org/questions/what-remission)

[What are the side effects of cyclosporine?](http://beta.aamds.org/questions/what-are-side-effects-cyclosporine)

[How long can I stay on cyclosporine?](http://beta.aamds.org/questions/how-long-can-i-stay-cyclosporine)

[How do I decide between antithymocyte globulin (ATG) and bone marrow transplant for treatment of aplastic anemia?](http://beta.aamds.org/questions/how-do-i-decide-between-antithymocyte-globulin-atg-and-bone-marrow-transplant-treatment-ap)

**Other (2)**

[What do I need to know about Medicare?](http://beta.aamds.org/questions/what-do-i-need-know-about-medicare)

[How do I get my medical records from a doctor?](http://beta.aamds.org/questions/how-do-i-get-my-medical-records-doctor)

**AA&MDSIF Services and Support (3)**

[What services does AAMDSIF offer?](http://beta.aamds.org/questions/what-services-does-aamdsif-offer)

[Does the AAMDSIF offer services to patients living outside the United States?](http://beta.aamds.org/questions/does-aamdsif-offer-services-patients-living-outside-united-states)

[What volunteer opportunities does AAMDSIF have?](http://beta.aamds.org/questions/what-volunteer-opportunities-does-aamdsif-have)